

Heart Forgiveness™

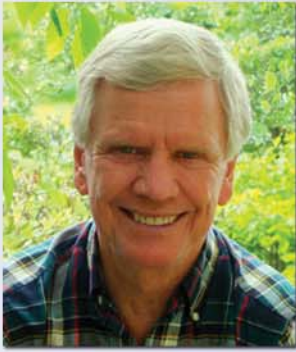
Creating Freedom



**“HOW TO”
Live *Without Anger!***

2 CD Set + FREE DVD

Dr. Ed Carlson
“Developer of Core Health”



Developing Heart Forgiveness

Dr. Ed Carlson is a researcher of Human Energy for 30 years and the developer of Heart Forgiveness™ and Core Health.™ His developments are rooted in personal associations and studies with other pioneers in energy sciences and expanding body-mind-spirit wholeness.

Group research demonstrates astounding results with Depression, Public School students, and Incarcerated Criminal Drug Addicts — 3 years post-release, 100% success.

Dr. Carlson graduated *summa cum laude*, served as Captain in the U.S. Air Force, holds multiple Tae Kwon Do black belts and is father of six.



ANGER releases high voltage toxic chemicals and hormones inside your body, damaging organs and your ability to think creatively. These contribute to a wide variety of diseases.

Heart Forgiveness™ creates the "Relaxation Response" by releasing endorphins - the joy and bliss "feel good" molecules into your body.

"YES, But HOW?"

HOW do I accomplish this for me, personally?
HOW do I experience this in my Life? HOW do I live this way?
HOW do I move past "Anger Management" and courses and medications and meditations into living freely, effectively, and joyfully?

Heart Forgiveness easily DISSOLVES anger and resentments.

You immediately experience the positive shifts in your whole being, your body, and your energy.

You master living this way continuously.

Life becomes easier and more FUN.



**2009 Japanese GOI PEACE AWARD: Dr. Bruce Lipton, PhD
2008 Recipient: Bill Gates**



"Based upon the latest research in cell biology, the Heart Forgiveness process has revealed itself to be profoundly effective for restoring health and harmony within our whole being. This powerful program has the potential to change the world."

Dr. Bruce Lipton, PhD, Cell Biologist, Author of *Biology of Belief*, and *Spontaneous Evolution*



"As Director of Florida's largest integrative medical facility, I fully understand that core emotional and attitudinal fundamentals are vital for total patient well-being. Drs. Bruce Lipton and Candace Pert first introduced the science behind the emotional and attitudinal aspects of disease. Now, Dr. Carlson gives us the tool of Heart Forgiveness to effectively bring this science to patients. Heart Forgiveness is a key part of our integrated approach to chronic and debilitating diseases from depression to cancer. I will always be grateful for this gift that is truly from the heart."

Dr. Jeanne Bangtson, DC, Director of Functional Medicine, Millennium Medical



"Being a healthcare professional, I have a long-standing interest in energy vis-a-vis health and human well-being. The night before breast cancer surgery, I participated in one session of "Heart Forgiveness." My experiences of the tumor and impending surgery were transformed — I left the session calm and complete to my very core. These wonderful effects have continued. Regardless of your circumstances, "Heart Forgiveness" creates lasting results. Don't wait for a crisis!"

Dr. Sandra Campbell, PhD, RN, Professor of Nursing and President of Winning Within, Inc.



"One of my patients exclaimed, "I cannot afford the luxury of depression." The same is true of anger — anger is like drinking poison and expecting it to kill the other person. Heart Forgiveness is essential for Health and Life."

Dr. Norm Shealy, MD, PhD, DS, over 312 publications, including 25 books

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