



Dr. Ed Carlson, PhD Grandmaster, Soke, Professor

Dr. Ed Carlson, 35 year researcher of Human Energy, is innovator of Core Health. Author of 10 books on Energy and Health, four research papers, numerous manuals, CDs and DVDs. He became a yoga adept 40 years ago.

Group research demonstrates astounding results with Depression, Cancer, Prison Drug Addicts – 100% Success 3 years post-release, Public School Students, College credit Dance. Primary Presenter at 8th Int'l Energy Psychology + 13th Int'l Forgiveness Conf's.

Dr. Carlson, graduating *summa cum laude* at Emory University, participated eight years in preventive medicine research with the Southern Academy of Clinical Nutrition.

A Captain in the Air Force, he traveled widely in Turkey, the Middle East, Europe, Asia and Japan – immersing himself in their wisdom texts.

Dr. Ed is the father of six children, and enjoys ten grandchildren.

He holds a **Doctor of Martial Arts Science**, and the distinction of "**Professor**."

Shinja Martial Arts University inducted Dr. Ed into the "Hall of Honors."

Granted *SOKE* of Core Health ~ Founder of new Energy Dimension of Martial Arts. SMAU awarded Dr. Ed *GRANDMASTER* rank.

National Martial Arts HALL of FAME: "Lifetime Contribution to Martial Arts." World Head of Family Sokeship Council: "Grandmaster of Energy Training." LEGENDS of Martial Arts inducts and honors with "2014 Humanitarian Award." Black Dragon Fighting Society and International Fighting Arts Assn. member.

2014 "Spirit Mind Body" **Salon de GALA of Martial Arts** "Humanitarian Award ~ Distinguished Founder of Core Health," and "Distinguished Instructor for Inner Training."

2014 **Shinja Maritial Arts Univ. Conference**: "Internal Martial Arts Grandmaster of the Year - 2014," and "Honored Instructor," for Dynamic Internal Training Instruction.

2016 Action Martial Arts Council Grand Expo in Atlantic City commissioned Grandmaster/Soke Carlson "AMBASSADOR for MARTIAL ARTS."

2016 "Grandmaster of the Year" 40^{th} Annual "HALL of HEROS" by U.S.A. Martial Arts "HALL of FAME" ~ "The Original."

2016 50th International Black Dragon Fighting Society – Kentucky Governor commissions Dr. Ed an Official Kentucky Colonel. As a Veteran, Dr. Ed receives certificates from House of Representatives, Senate and other Congressional Officials.