Heart Forgiveness Facilitator TRAINING (FIT) Prerequisites + Requirements

APPLY to Mary Ellen Rivera <u>me.rivera@verizon.net</u>, 813-962-4293 for acceptance into the program. Only individuals who do NOT smoke or use drugs are considered.

APPLICATION

PREREQUISITES

"What you do not transmute, you transmit."

To clear your energy, subconscious and emotions, prior to application each individual must complete:

1. Heart Forgiveness*

2. Core Health Series I and Series II*

*Two of these must be with a group to experience how others move with the process.

(In areas without a Facilitator yet, talk with Mary Ellen about special considerations.) When, and only while, you are listed on <u>www.CoreHealth.us</u> is the authority and privilege granted to offer Heart Forgiveness series to people.

REQUIREMENTS

Must be present, on time, for every session.

Each FIT must have a Practicum Participant to facilitate each level 1/week as we go through TRAINING. Each Participant must have a Personal Progress Journal (PPJ) and appropriate CD set, \$35 HF.

These can be reimbursed to the FIT by the Participant, or gifted to them.

Your Facilitator Trainer is available to assist with questions that you may have between sessions.

After the first Practicum Participant, subsequent Participants can be on a paid basis.

A new Facilitator is invited to participate in "An Afternoon with Dr. Ed" and the Formal Graduation Ceremony and Party the 2nd Sunday of December.

A new Facilitator must participate in the Annual UPDATE the last weekend of April, and make a 5 - 7 minute presentation.

A new Facilitator must co-facilitate in a group with an experienced Facilitator.

To lead groups, a Facilitator must lead a group with TRAINER present to observe.

Can invite Trainer to add to discussion: "I'd like (Trainer) to add to this area."

(When no Trainer is in your area: Complete 5 individuals; then begin with group of 5 or less.)

FACILITATORS in TRAINING (FITs)

Cost of Heart Forgiveness Facilitator Training, minimum 6 sessions, \$100 each.

Before Your First Session

1. Materials fee paid 4 weeks prior to first session.

Heart Forgiveness Manual + Book \$ 95 + \$35 Participant PPJ and CD + \$10 Mailing = \$140.

2. Identify Practicum Participant at Registration; schedule 1/week sessions, after each Training session. Trainer will telephone Practicum Participant twice.

Practicum Participant completes an Evaluation at conclusion of series, given to Trainer.

3. Read/absorb/integrate Articles IN ADVANCE – 30 days prior to TRAINING.

Weekly email arrives with articles to process and master - prior to first session.

Knowledge is assessed at each session "Knowledge Level Assessment" (KLA).

4. Read "Power vs. Force", Dr. David Hawkins to understand energy and terminology. Write a 1 page synopsis delivered two weeks prior to your first session.

5. Write a *brief* Personal Background for Website, sent to Mary Ellen 1 week before first session. Go to <u>http://corehealth.us/facilitators.html#facilitators</u> for examples of Facilitator's Bio's. Submit Bio in <u>exact</u> format, font and type size found on the website.

6. Integrity Agreement signed "to Maintain the Quality, Effectiveness, and Integrity of Heart Forgiveness." A common understanding of guidelines for Facilitators and presenting all series, individual or group.

Core Health Facilitator TRAINING (FIT) Prerequisites + Requirements

APPLY to Mary Ellen Rivera <u>me.rivera@verizon.net</u>, 813-962-4293 for acceptance into the program. Only individuals who do NOT smoke, and do NOT use drugs, are considered.

APPLICATION

PREREQUISITES

Complete: 1. Heart Forgiveness FACILITATOR TRAINING + 5 Successful Participants in 6 months. 2. Silent Re~Treat ~ first weekend in May each year.

When, and only while, you are listed on <u>www.CoreHealth.us</u> is the authority and privilege granted to offer Heart Forgiveness, Core Health and Life Application series to people.

REQUIREMENTS

Must be present, on time, for every session.

Each FIT must have 2 Practicum Participants to facilitate each level 1/week as we go through TRAINING. Each Participant must have a Personal Progress Journal (PPJ) and appropriate CD set, \$40 CH.

These can be reimbursed to the FIT by the Participant, or gifted to them.

Your Facilitator Trainer is available to assist with questions that you may have between sessions.

After the first Practicum Participant, subsequent Participants can be on a paid basis.

A new CH Facilitator must participate in "An Afternoon with Dr. Ed" and in the Formal Graduation Ceremony and Party, the 2nd Sunday of December.

A new CH Facilitator is invited to each Annual UPDATE – last weekend in April.

A new Facilitator must co-facilitate in a group with an experienced Facilitator.

To lead groups, a Facilitator must lead a group with TRAINER present to observe.

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Can invite Trainer to add to discussion: "I'd like (Trainer) to add to this area."

(When no Trainer is in your area: Complete 5 individuals; then begin with group of 5 or less.)

FACILITATORS in TRAINING (FITs)

Cost of Core Health Series 1 Facilitator Training, minimum 6 sessions, \$100 each. Core Health Series 2 Facilitator Training, minimum 6 sessions, \$100 each.

Before Your First Session

1. Materials fee paid 4 weeks prior to first session.

Core Health \$220 + \$40 Participant PPJ and CD Materials + \$20 Shipping = \$280.

Includes CH TRAINING Manual (350 pgs), 7 CDs/DVDs, CH Demo Booklet,

All CH/FM/P3/BB/QWIP Books, Green Dye + all materials to Facilitate a person or group.

- Identify Practicum Participant at Registration; schedule 1/week sessions, after each Training session. Trainer will telephone Practicum Participant each 2 weeks. Practicum Participant completes an Evaluation at end of Series I and Series II, given to Trainer.
- Read/absorb/integrate Articles IN ADVANCE 30 days prior to TRAINING.
 Weekly email arrives with articles to process and master <u>prior</u> to first session. Knowledge is assessed at each session "Knowledge Level Assessment" (KLA).
- 4. Write a *brief* Personal Background for Website, sent to Mary Ellen 1 week before first session. Go to <u>http://corehealth.us/facilitators.html#facilitators</u> for examples of Facilitator's Bio's. Submit Bio in <u>exact</u> format, font and type size found on the website.
- 5. Integrity Agreement signed "to Maintain the Quality, Effectiveness, and Integrity of Core Health." A common understanding of guidelines for Facilitators and presenting all series, individual or group.